

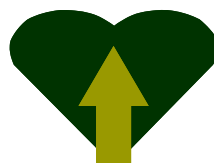
## Patient Care

Each patient is assigned a personal physician who coordinates care throughout their stay. The physician will work with specialists and staff from physical, speech, occupational and recreational therapies providing a program of care designed to help each patient attain their maximum potential.

Edgemoor has over 250 clinical staff members who provide direct care for patients. The nursing staff provides daily personal care, medication management and therapeutic intervention for each patient.

Social events are an important part of the Edgemoor experience. An active recreational program includes special celebrations of holidays, as well as carnivals, bingo, entertainment events featuring talent from the San Diego Community. The facility works with The Braille Institute, The Helen Woodward Animal Center and Huntington's Disease Association of America among many others providing a full calendar of activities.

Edgemoor, a distinct part of San Diego County Psychiatric Hospital, is licensed and certified by the California Department of Health Services in an annual state survey.



Edgemoor

County of San Diego  
Health and Human Services Agency

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2006

## Edgemoor



## Patient Information

*Restoring Human Potential  
Through Innovative Healthcare  
Services*

9065 Edgemoor Dr.  
Santee, CA 92071  
Tel: 619 956-2800

# Information About Edgemoor

## **H**istory

Edgemoor was founded in 1923 on the site of the original San Diego County poor farm. Historical buildings on the property date back to 1918. Initially, the facility served the needs of the poor and was a site for the treatment of tuberculosis, psychiatric disorders and polio patients. In later years the facility cared for poor, homeless geriatric patients. Today, Edgemoor provides services for the seriously ill or injured adult patients with chronic disorders.

## **C**urrent **C**haracteristics

Edgemoor is a skilled nursing facility that is licensed as a distinct part of the San Diego County Psychiatric Hospital. The facility provides long term medical care to patients with complex medical needs. Patients at the facility may have Huntington's Disease, AIDS, or have experienced traumatic injury. Our patients ages ranges from 18 to 80 years. Most patients are in wheel chairs. Patients at the facility are often under Conservatorship, in the Medi-Cal program and are not suitable for most nursing home environments.

## **F**acility / **G**rounds

Edgemoor is located on 375 acres of park-like rural surroundings in Santee, California.

Three separate buildings house patients: Barona, Pico, and Santa Maria. Each building includes male and female patients. One unit is locked and secured to protect wandering patients.

## **C**limate

Santee temperatures average in the 70's in the autumn, winter & spring. Summer temperatures occasionally range over 100 degrees. The facility is air conditioned in the summer and warmed by central heating in the winter.

## **A**ccommodations

Patients may be assigned a single, double, or four bed room. There are Community Day rooms with TV's, phones and activities.

Edgemoor has dormitory-style bathrooms equipped to handle gurney and wheelchair patients for bathing and personal care. There are no private phone lines in the patient rooms. Rooms are equipped with cable hookups allowing patients to bring 13 inch or smaller televisions for their bedsides. Every attempt is made to assure that roommates are compatible. Patient rooms may be changed from time to time to meet patient and facility needs.



## **D**ining **S**ervices

Three meals a day are served at Edgemoor. In keeping with a country tradition the heartiest meal is at noon. Patients may choose to have bedside meal service, eat in the dayroom or join other patients in the facility dining room. Nutritious snacks are also served throughout the day, in conjunction with facility events and in the day rooms.

Meals are planned by our registered dieticians and facility physicians to meet the requirements of each patient's care, special needs or limitations. Visitors may bring small quantities of food for patients but it must be stored in sealed plastic containers and will be kept only for a short time.

## **V**isitors

Visitors are welcome at Edgemoor. Visiting hours are between 11 a.m. and 9 p.m. daily. Please sign in at the Welcome Center or check in with the nursing staff before entering the nursing units.

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